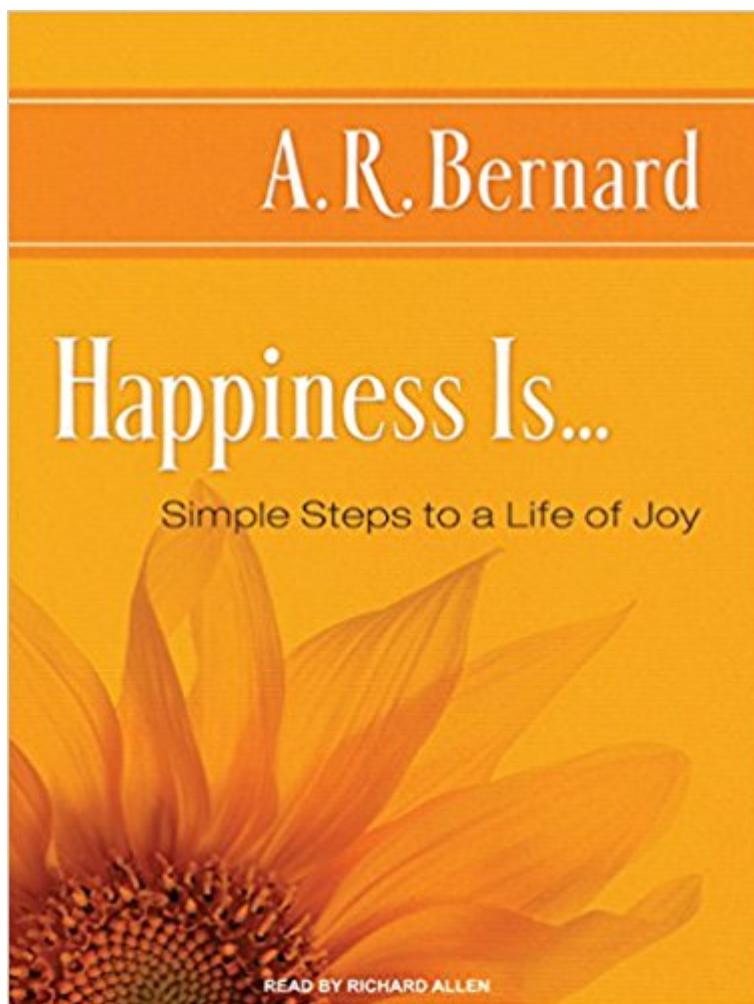


The book was found

Happiness Is...: Simple Steps To A Life Of Joy



Synopsis

A. R. Bernard, the founder and spiritual leader of the 26,000-member New York Christian Cultural Center, presents an inspiring examination of happiness: what it is, how to find it, and how to keep it. If money doesn't win happiness, then what does? Drawing on scripture, common sense, and inspirational quotes from an array of celebrities-including Maya Angelou, Mother Teresa, Quincy Jones, and Oprah Winfrey-Happiness Is... is a powerful program that can help anyone escape from the grip of negativity and achieve the spiritual prosperity that can only come with discipline and wisdom. "Happiness isn't a commodity that can be purchased in a store," counsels Bernard. "It's a by-product of the way you choose to live and the things you choose to think." Happiness Is... teaches listeners not to worry about what they can't control, inspiring them instead to use the talents that God has already given them-and to infuse every day with the faith that enables them to lead purposeful, principled lives. "Are you willing to celebrate your life today?" Bernard asks. "God's love for you is infinite. Accept it joyfully...and be happy. Now."

Book Information

Audio CD

Publisher: Tantor Audio; Unabridged edition (November 20, 2007)

Language: English

ISBN-10: 1400105560

ISBN-13: 978-1400105564

Product Dimensions: 6.4 x 1.1 x 5.3 inches

Shipping Weight: 4.8 ounces

Average Customer Review: 4.2 out of 5 stars 15 customer reviews

Best Sellers Rank: #13,567,903 in Books (See Top 100 in Books) #95 in Books > Books on CD > Religion & Spirituality > Inspiration #6261 in Books > Books on CD > Health, Mind & Body > Personal Growth #6285 in Books > Books on CD > Health, Mind & Body > Self Help

Customer Reviews

The Reverend A. R. Bernard is the founder and CEO of the Christian Cultural Center and founder of the Brooklyn Preparatory School in New York City. Richard Allen is a five-time Audie-nominated narrator whose work has been acknowledged on the Best Audiobooks Lists for Audiofile and Library Journal.

Gave as gift.

Great author!

It was more "preaching" than actual reflection.

I bought two copies of this book. I didn't realize it was more for reflection than just a straight-through read. Pastor Bernard is a very insightful preacher. If you're looking for reflective reading at the start, middle or end of the day this is a good pick. The cover is cheery and makes a nice table focal piece.

My Pastor      

Great book

I like this book. I have not had a chance to finish reading it, but I am looking forward to reading all of it.

i am enjoying this book

[Download to continue reading...](#)

Hygge: The Danish Art of Living Happy, Finding the Joy in Simple Things and Escaping the Stresses of Modern Life (Hygge, Happiness, Finding Joy, Escaping Stress) Splashes Of Joy In The Cesspools Of Life [1992 PAPERBACK] Barbara Johnson (Author)Splashes Of Joy In The Cesspools Of Life [1992 Paperback] Barbara Johnson (Author)Splashes Of Joy In The Cesspools Of Life Happiness Is....: Simple Steps to a Life of Joy The Power of Positive Energy: Powerful Thinking, Powerful Life: 9 Powerful Ways for Self-Improvement, Increasing Self-Esteem, & Gaining Positive Energy, Motivation, Forgiveness, Happiness ... Happiness, Change Your Life Book 1) Activate Your Joy: A Transformative Awakening to Health, Happiness, and Success. Including 12 Missions to Design a Life You Love The Joy of Russian Piano Music (Joy Of...Series) The Joy of First Year Piano (Joy Of...Series) The Joy of Ballet Music: Piano Solo (Joy Of...Series) The Joy of Waltzes, Tangos and Polkas: Piano Solo (Joy Books (Music Sales)) The Joy of Smoking and Salt Curing: The Complete Guide to Smoking and Curing Meat, Fish, Game, and More (The Joy of Series) The Joy of Beethoven: Piano Solo (Joy Books (Music Sales)) The Joy of Home Distilling: The Ultimate Guide to Making Your Own Vodka, Whiskey, Rum, Brandy, Moonshine, and More (The Joy of Series) The Perfect Menopause: 7 Steps to the Best Time of Your Life [THE PERFECT

MENOPAUSE: 7 STEPS TO THE BEST TIME OF YOUR LIFE] by Hess, Henry M. (Author)
May-01-2008 Paperback 52 Lists for Happiness: Weekly Journaling Inspiration for Positivity,
Balance, and Joy Yoga and the Pursuit of Happiness: A Guide to Finding Joy in Unexpected Places
The Book of Joy: Lasting Happiness in a Changing World Seven Things That Steal Your Joy:
Overcoming the Obstacles to Your Happiness Happiness Now! A Guided Journey: Unleash
motivation and take action to experience greater Peace, Meaning and Joy. The Joy of Geocaching:
How to Find Health, Happiness and Creative Energy Through a Worldwide Treasure Hunt The Book
of Joy: Lasting Happiness in a Changing World (Random House Large Print)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)